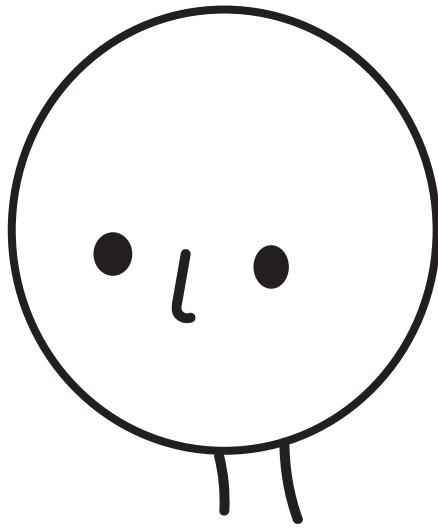


COMPLETE THE PICTURE



DRAW YOURSELF





CALM
COOL
KIND

@MAKESUNSHINECO

**WRITE A LETTER TO, OR DRAW A PICTURE FOR
SOMEONE YOU THINK IS AWESOME**

The form consists of two main sections. The upper section is a large rectangular area with horizontal lines, tilted at an angle, intended for writing a letter. The lower section is a large rectangular box for drawing. In the top right corner of the drawing box is a small rectangular area with a scalloped border, intended for a postage stamp.

PEOPLE I'M GRATEFUL FOR TODAY

WHO: _____

WHY: _____

WHO: _____

WHY: _____

WHO: _____

WHY: _____

WHO: _____

WHY: _____

WHO: _____

WHY: _____

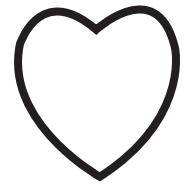
WHO: _____

WHY: _____

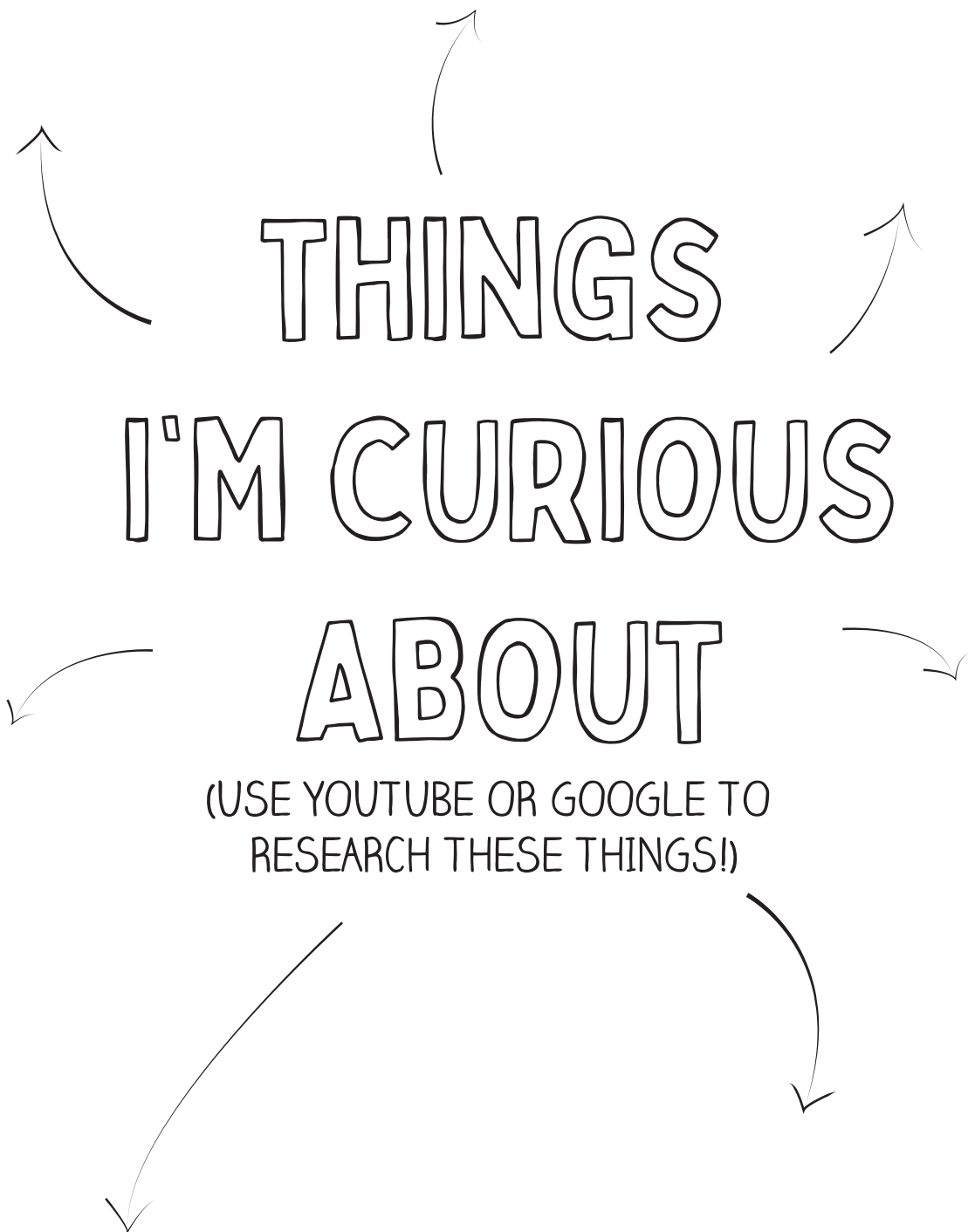


THINGS I CAN CONTROL

COMPLETE THE PICTURE



[illegible]





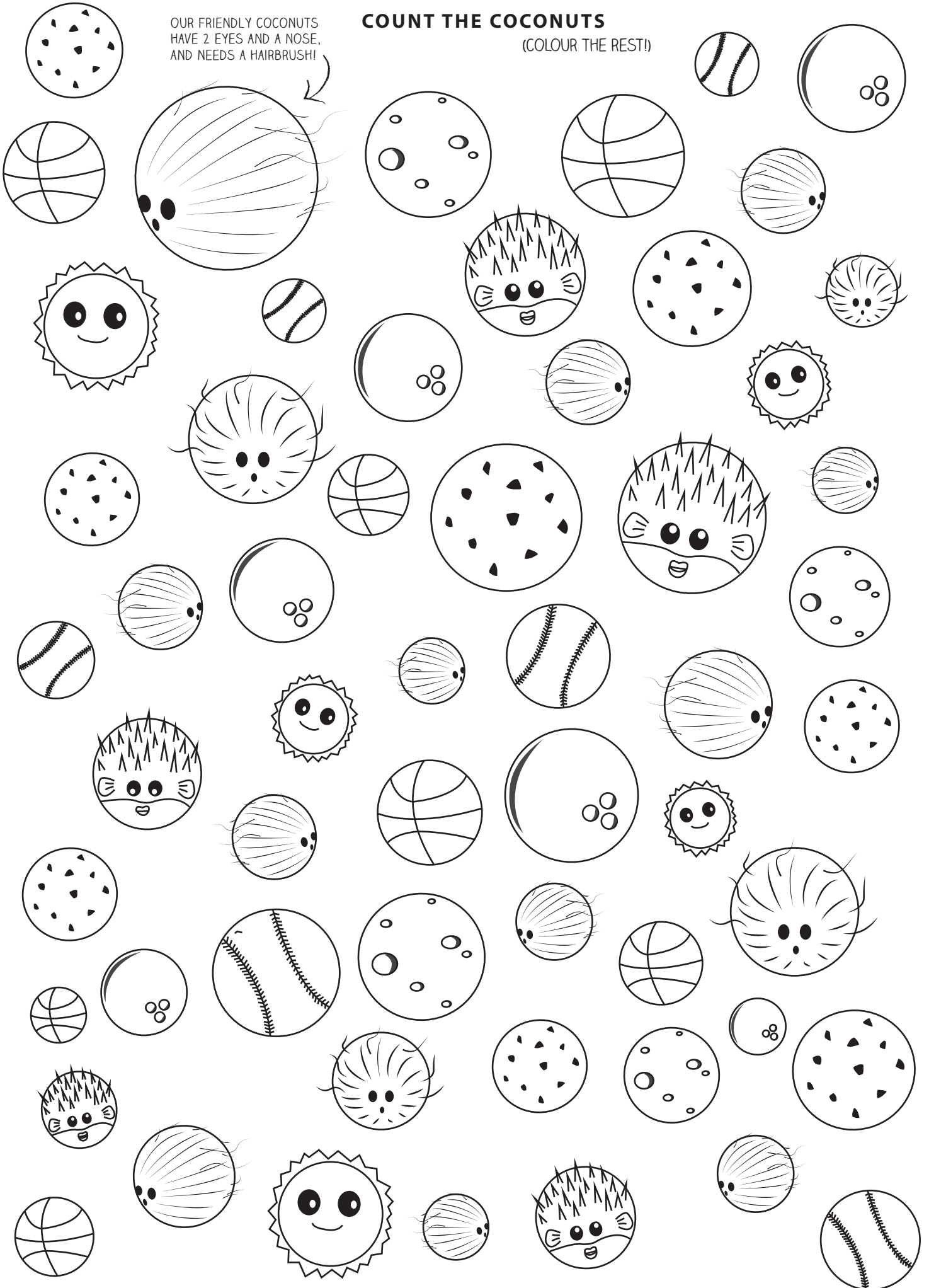
COMPLETE THE MAP



OUR FRIENDLY COCONUTS
HAVE 2 EYES AND A NOSE,
AND NEEDS A HAIRBRUSH!

COUNT THE COCONUTS

(COLOUR THE REST!)





GOOD THINGS

NOTE DOWN AS MANY AWESOME THINGS
YOU CAN THINK OF TODAY